

# Congenital CMV Screening

Microcephaly (HC <3<sup>rd</sup>% on Fenton Curve)  
Or clinical suspicion of CMV during birth hospitalization \*

yes →

- Order salivary CMV PCR
- If discharge prior to results, notify PCP that test was done and will require follow up by PCP
- Additional evaluation as needed

↓ no

Failed hearing screen x 2 prior to hospital discharge (bilateral/unilateral fail)

yes →

- Order salivary CMV PCR
- If discharge prior to results, notify PCP that test was done and will require follow up by PCP
- Confirm follow up hearing screen scheduled
- Give CDC information sheet to parents ("Congenital CMV & hearing loss")

↓ no

If hearing screen passed and no other indications for CMV testing, no further intervention needed

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## CMV Positive

- Confirm with urine CMV PCR as soon as possible
- Confirm referral to audiology for diagnostic ABR
- Refer to pediatric ID at AFCH as soon as possible for further evaluation and management if urine CMV PCR positive\*\*

## CMV negative

- If hearing screen pass no further evaluation needed
- If hearing screen fails confirm referral to audiology

## \*Clinical Suspicion of Congenital CMV

- Unexplained symmetric IUGR/SGA
- Abnormal findings on Prenatal US including echogenic bowel or placenta, hydrops fetalis, visceral calcifications, placental enlargement, ventriculomegaly and intracranial calcifications
- Seizures, cortical atrophy, periventricular cysts, lenticulostriate vasculopathy, cerebellar hypoplasia, polymicrogyria, or lissencephaly
- Direct hyperbilirubinemia, hepatosplenomegaly, elevated liver enzymes
- Pneumonitis
- Unexplained petechiae or purpura, thrombocytopenia
- Chorioretinitis, retinal scarring or optic atrophy
- Suspected maternal CMV exposure or infection during pregnancy (mono-like illness)
- Maternal TORCH workup even if negative
- Maternal HIV infection
- Primary immunodeficiency, including positive screen for SCID

## \*\*Positive Urine CMV PCR test

**Page UW Peds ID physician on call ASAP if urine CMV PCR is positive**

**Time sensitive: Congenital CMV must be diagnosed in first 21 days of life. Consults and Pediatric ID referral should take place in first 21 days of life.**

UW Peds ID will initiate congenital CMV order set which includes:

1. Pediatric ophthalmology consult
2. Audiology consult for diagnostic ABR (if not already done)
3. Cranial ultrasound
4. Pediatric ID clinic visit